

Opportunities for Skill Building and Learning



This checklist is part of the 8 Key Qualities of Youth Engagement.*

This quality of youth engagement is achieved through practices such as these:

- ☐ Opportunities for young people to try things, and be involved in a hands-on way
- ☐ Mentorships and internships
- ☐ Activities that challenge young people to consider other perspectives and experiences
- ☐ Involving young people in methods of research inquiry such as the Young Decision Makers Model or Participatory Action Research
- ☐ Creating opportunities for youth to interpret research data, and interact with researchers and policy makers
- ☐ Activities that develop communication, problem solving, critical thinking and collaboration
- ☐ Activities that facilitate learning about issues of relevance to young people's lives
- ☐ Opportunities to learn new technologies, systems and practices
- ☐ Introducing new experiences that young people are not often privy to (board meetings, business meetings, academic conferences, presentations to adults, etc.)

* According to Eccles and Gootman¹⁴, there are eight key qualities associated with positive developmental settings: Physical and Psychological Safety, Appropriate Structure, Supportive Relationships, Opportunities for Belonging and Meaningful Inclusion, Positive Social Norms, Support for Efficacy and Mattering, Opportunities for Skill Building and Learning and Integration of Family, School and Community Efforts