

Strategies for Relatedness in the Community

Generosity encompasses actions that contribute to the quality of life of others without necessarily receiving something in return. For relatedness, generosity involves strategies that welcome, include and support others, not only in school, but also in the community.

Ask students to undertake a project to help others in the community.

Encourage everyone to contribute and work together to come up with a plan for being generous to others. Being generous will help students feel they are contributing to something bigger than themselves.

Community projects may include:

- A Car wash to raise money for a community group

- A food drive to support a local food bank

- A group or team volunteering activity

Talk to students about their sense of relatedness and how they can share this with other members of their community. Think about people who may not feel a sense of connectedness with others in their own neighbourhood (homeless people, newcomers, those lacking resources, etc.).

Ask students to think of ways that their school as a whole could develop a greater sense of connectedness within their local community and region. Invite students to brainstorm small-step practices that could be undertaken to involve others in the community in school activities

